While Marcel doesn't personally work with MDMA he says a psycholitic dose suggested by Friederike Meckel Fisher is 125-140 mg. She has a book that might be of interest: Psycholytic Psychotherapy in the Twenty First Century.

For working with low doses he suggests the following:

Curtner, M. (1959). Analytic work with LSD-25. Psychiatric Quarterly, 33 (4), 715-757. Leuner, H. (1983). Psycholytic Therapy: Hallucinogenics as an Aid in Psychodynamically Oriented Psychotherapy. In Grinspoon, L. and Bakalar, J.B. (Eds): Psychedelic Reflections. New York, Human Sciences Press, Inc, 177-192.

Sandison, R. A., Spencer, A. M. and Whitelaw, J. D. A. (1954). The Therapeutic Value of Lysergic Acid Diethylamide in Mental Illness. The British Journal of Psychiatry, 100, 491-507.

Sandison, R.A. (1954). Psychological aspects of the LSD treatment of the neuroses. Journal of Mental Science, 100(419), 508-515.