

**Centre for Applied Jungian Studies**  
**'Race' and Class in Analysis**  
**Saturday 18<sup>th</sup> November 2023**  
**Reading/Viewing List**  
**Ruth Williams**

**Essential Reading**

Brewster, F. (2017) *African Americans and Jungian Psychology: Leaving the Shadows*. London and New York: Routledge.

*Please read the Foreword (by Polly Young-Eisendrath), the Intro and up to page 6.*

Eddo-Lodge, R. (2018) *Why I'm No Longer Talking to White People About Race*. London: Bloomsbury. *(Dip in and out as much as you like)*

Morgan, H. (2014) "Between Fear and Blindness: the white therapist and the black patient" in *Thinking Space: Promoting Thinking about Race, Culture and Diversity in Psychotherapy and Beyond* (Ed. Lowe). London: Karnac. *Pp. 56-74.*

Samuels, A *et al* (2018) Open Letter from a group of Jungians on the question of Jung's writings on and theories about 'Africans' in *British Journal of Psychotherapy* 34, 4 (2018) 673–678. *Available on PepWeb.*

Olufemi O. Taiwo's "Climate Reparations" in *The Climate Book* (Thunberg 2022) London: Random House.pp.410-414.

**Essential Viewing**

Gary Young on Race, Racism & Identity (12.31 mins):

**[https://www.doubledown.news/watch/2023/july/27/gary-young-demolishes-identity-politics-and-myth-of-race?utm\\_campaign=shareaholic&utm\\_medium=twitter&utm\\_source=socialnetwork](https://www.doubledown.news/watch/2023/july/27/gary-young-demolishes-identity-politics-and-myth-of-race?utm_campaign=shareaholic&utm_medium=twitter&utm_source=socialnetwork)**

I would ask you to watch either or both of the following films which we will discuss:

*Hidden Figures* (Dir: Melfi, 2017)

[https://www.amazon.co.uk/Hidden-Figures-DVD-Taraji-Henson/dp/B06VVMS299/ref=sr\\_1\\_1?crid=TO582PVRHZLX&keywords=hidden+figures+dvd&qid=1660073801&s=dvd&sprefix=hidden+figures%2Cdvd%2C58&sr=1-1](https://www.amazon.co.uk/Hidden-Figures-DVD-Taraji-Henson/dp/B06VVMS299/ref=sr_1_1?crid=TO582PVRHZLX&keywords=hidden+figures+dvd&qid=1660073801&s=dvd&sprefix=hidden+figures%2Cdvd%2C58&sr=1-1)

and/or

*Educating Rita* (Dir: Gilbert, 2018)

[https://www.amazon.co.uk/Educating-Rita-DVD-Michael-Caine/dp/B07D2PP4D5/ref=sr\\_1\\_1?crid=2I5EVEDUYQQKG&keywords=educating+rita+dvd&qid=1660570759&srefix=%2Caps%2C60&sr=8-1](https://www.amazon.co.uk/Educating-Rita-DVD-Michael-Caine/dp/B07D2PP4D5/ref=sr_1_1?crid=2I5EVEDUYQQKG&keywords=educating+rita+dvd&qid=1660570759&srefix=%2Caps%2C60&sr=8-1)

### **Future recommended viewing**

Benjamin Zephaniah on Newsnight

<https://www.youtube.com/watch?v=RXDxMH2EUTY>

<https://www.youtube.com/watch?v=D9lhs241zeg>

### **Chimamanda Ngozi Adichie: The danger of a single story | TED**

Oct 7, 2009

### **Intersectionist perspective:**

[https://www.youtube.com/watch?v=hg3umXU\\_qWc](https://www.youtube.com/watch?v=hg3umXU_qWc)

We should all be feminists | Chimamanda Ngozi Adichie | TEDxEuston

Apr 12, 2013

ARAS taking a knee: (8.46 mins)

<https://www.youtube.com/watch?v=jyWSwN-auwY&feature=youtu.be>

Kimberley Crenshaw on Say Her Name:

<https://www.youtube.com/watch?v=-DW4HLgYPIA>

On Reparations:

[WATCH: Ta-Nehisi Coates' full opening statement on reparations at House hearing - YouTube](#)

*Small Axe* (Dir: Steve McQueen 2020).

This is a series of 5 films by Oscar winning director Steve McQueen. It should still be available on BBC iPlayer (for those with a UK BBC licence) here:

<https://www.bbc.co.uk/iplayer/episode/p08vy19b/small-axe-series-1-mangrove>

Alternatively, it is available through Amazon Prime or on DVD available here:

[https://www.amazon.co.uk/dp/B08KWWZCDJ?psc=1&smid=A3P5ROKL5A1OLE&ref=chk\\_typ\\_imgToDp](https://www.amazon.co.uk/dp/B08KWWZCDJ?psc=1&smid=A3P5ROKL5A1OLE&ref=chk_typ_imgToDp)

### **Recommended future reading**

Belkin and White, (Eds) (2020) *Intersectionality and Relational Psychoanalysis: New Perspectives on Race, Gender and Sexuality*. London and New York: Routledge.

Brewster, F. (2017) *African Americans and Jungian Psychology: Leaving the Shadows*. London and New York: Routledge.

Dalal, F. (2012) *Thought Paralysis: The Virtues of Discrimination*. London: Karnac

Daivids, F., (2011) *Internal Racism: a psychoanalytic approach to race and difference*. Basingstoke, Hampshire: Palgrave Macmillan.

Ellis, E. (2021) *The Race Conversation: An essential guide to creating life-changing dialogue*. London: Confer Books.

Fanon, F. (2008) *Black Skins, White Masks*. New York: Grove Press.

Hirsch, A. (2018) *Brit(ish): On Race, Identity and Belonging*. London: Jonathan Cape.

Holmes, et al (2023) *The Holmes Commission on Racial Equality in American Psychoanalysis*. See: <https://apsa.org/about-apsa/holmes-commission/>

Kendi, I.X. (2019) *How to be an Antiracist*. London: The Bodley Head.

Layton, Hollander and Gutwill, (Eds) (2006) *Psychoanalysis, Class and Politics: Encounters in the Clinical Setting*. London and New York: Routledge.

Lowe, F. (2014) *Thinking Space: Promoting Thinking about Race, Culture, and Diversity in Psychotherapy and Beyond*. London: Karnac.

Maitra, B. (2014) *Culture & Madness: A Training Resource, Film and Commentary for Mental Health Professionals*. London: Jessica Kingsley Publishers.

Morgan, H. (2021) *The Work of Whiteness: A Psychoanalytic Perspective*. London and New York: Routledge.

Ryan, J. (2017) *Class and Psychoanalysis: Landscapes of Inequality*. London and New York: Routledge.

Sheehi, L. and Sheehi, S. (2022) *Psychoanalysis under Occupation: Practicing Resistance in Palestine*. New York and London: Routledge.

Young-Eisendrath, P. (1987) "The Absence of Black Americans as Jungian Analysts" in New York: *The Quadrant Journal*, 20:2 pp.40-53.

There was a special issue of the *Journal of Analytical Psychology* Vol.66 No.3 in June 2021 which featured a series of papers in the wake of the Black Lives Matter movement and the death of George Floyd.

**Recommended future viewing:**

If you have access to it, I would also recommend you view: [PEP Web - Black Psychoanalysts Speak \(pep-web.org\)](http://www.pep-web.org/)

This film, made in 2012/13, is made up of clips of interviews and from two conferences. It is intended to raise awareness of the need for greater openness and understanding of cultural and ethnic pressures in psychoanalytic training, in transference and countertransference interactions, and in the recruitment of people of colour into psychoanalytic training. The psychoanalysts (Freudian) examine this dilemma and engage in a vibrant and thought provoking discussion about race, culture, class and the as yet unrealized promise of psychoanalysis.

**Resource:**

The Black, African and Asian Therapy Network website at <https://www.baatn.org.uk/> has tremendous resources in terms of literature recommendations, podcasts and links to all things race and psychotherapy.