

# Spirituality in Jungian Psychology, Theory and Practice

By Murray Stein

# Perspectives

- A) What is “spirituality”? How does it enter into the theory and practice of Jungian psychology?
- B) The “religious function” – “The call” as initiation into the spiritual
- C) The Self as “spiritus rector” – *Imago Dei* as Reference Point
- D) *Modern Man in Search of a Soul* – the problem of modernity: missing verticality

## Readings:

C.G. Jung, *Psychology and Religion* (CW 11)

C.G. Jung, “Foreword to the *I Ching*” (CW 11)

Murray Stein, “Spiritual and religious aspects of modern analysis,” in *Analytical Psychology: Contemporary Perspectives in Jungian Analysis*, edited by Joseph Cambray and Linda Carter

# The soul and the spiritual world

Thus your soul  
is your own self  
in the spiritual  
world. As the abode  
of the spirits, however,  
the spiritual world  
is also an outer  
world.

-Carl Jung, The Red Book, Page 288

# Spiritual World and Mundane World



# The Setting of Analysis

The “spiritual attitude” of the analyst

- A) Temenos (sacred space)
- B) The confessional
- C) Confidentiality

Readings:

Mircea Eliade, *The Sacred and the Profane*.

C.G. Jung, “Problems of Modern Psychotherapy” (CW 16)

August Cwik, “From Frame through Holding to Container,” in *Jungian Psychoanalysis*, edited by Murray Stein

# Levels of View

- A) The immediate level – horizontal (interpersonal, social)
- B) The deeper level (individuation issues) – vertical (soul)
- C) Diagnosis – State of individuation?

## Readings:

C.G. Jung, “A Study in the Process of Individuation” (CW 9i)

Murray Stein, “Individuation,” in *The Handbook of Jungian Psychology*, edited by

Renos Papadopoulos

# Analysis, a Journey Inward

- A) The ritual of analysis – frequency, timing, formalities
- B) In and out of temporality - history within history

## Readings:

Birgit Heuer, “The Experience of the Numinous in the Consulting Room,” in *Jungian Psychoanalysis*, edited by Murray Stein

Murray Stein, “On the importance of numinous experience in the alchemy of individuation,” in *The Idea of the Numinous*, edited by Ann Casement

Murray Stein, “The four modalities of temporality and the problem of shame,” in *Temporality and Shame*, edited by Ladson Hinton and Hessel Willemsen

# Engagement: Mutuality

- A) Resonance
- B) Entanglement
- C) Synchronicity

## Readings:

C.G. Jung, *The Psychology of the Transference* (CW 16)

Jan Wiener, “Working in and with Transference,” in *Jungian Psychoanalysis*, edited by Murray Stein

Linda Carter, “Countertransference and Intersubjectivity,” in *Jungian Psychoanalysis*, edited by Murray Stein

Joseph Cambray, *Synchronicity: Nature and Psyche in an Interconnected Universe*, Chapter 6 “On Empathy”



# Resources

- A) Dialogue as multidimensional Interactive Field
- B) Subjective interpretation of dreams
- C) Active Imagination and the transcendent function

## Readings:

Gunilla Midboe, *The Elliptical Dialogue*

Claus Braun and Lilian Otscheret, "Dialogue," in *Jungian Psychoanalysis*, edited by Murray Stein

Warren Colman, "Dream Interpretation and the Creation of Symbolic Meaning," in *Jungian Psychoanalysis*, edited by Murray Stein

C.G. Jung, *The Red Book: Liber Novus*

Sherry Salman, "Peregrinations of Active Imagination," In *Jungian Psychoanalysis*, edited by Murray Stein

# Telos

- A) Narrative: deconstructed and revised in multi-dimensionality
- B) Ego-self axis – the Self within
- C) “Satori” – self-observation
- D) Individuation as Connectedness

## Readings:

C.G. Jung, *Memories, Dreams, Reflections*

C.G. Jung, “The Symbolic Life” (CW 18)

Erich Neumann, “The Psyche and the Transformation of the Reality Planes,” in *The Place of Creation*

Murray Stein, *Minding the Self*

Murray Stein, *Outside, Inside and All Around*