



MAGNUM OPUS: ALBEDO

Resources

QUOTE

Filling the conscious mind with ideal conceptions is a characteristic of Western theosophy, but not the confrontation with the shadow and the world of darkness. One does not become enlightened by imagining figures of light, but by making the darkness conscious.

“The Philosophical Tree”

(1945). In CW 13: Alchemical Studies. P.335

Resources

Compiled by The Centre for Applied Jungian Studies

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Conclusion

You have successfully completed Albedo, Stage 2 of the Magnum Opus. Congratulations and well done! We hope this journey was cathartic and transformational. Please post feedback on the FB group page. The FB page will remain open until the 18th of August.

We would like you to complete the post questionnaire prior to accessing your initial questionnaire, so that you can reflect on your transformation and insight. Please share your experience on the FB group page. We would love to hear from you!

We hope you will choose to continue and complete Magnum Opus. The next stage, Citrinitas (the yellowing), will begin in September. Please note that you are not obliged to participate in this stage if you feel that you need some time to process the experience. Stages 1 (Nigredo) ,2 (Albedo) and 3 (Citrinitas) do not have to be completed in sequence. I.e. you can choose to skip Citrinitas this year and sign up for Nigredo in January (if you have not completed it yet) and then do Citrinitas next year September. Rubedo however, is only accessible after the completion of all 3 stages: Nigredo, Albedo and Citrinitas.

To aid your ongoing learning of the topics covered in Albedo, we have compiled some suggested books, videos on YouTube and articles that are available on the Internet.

The Wiley online library has many interesting articles available. You do have to subscribe to download articles, or purchase them directly from Wiley. For details on subscription follow this link:

[http://ordering.onlinelibrary.wiley.com/subs.asp?ref=1468-5922&doi=10.1111/\(ISSN\)1468-5922](http://ordering.onlinelibrary.wiley.com/subs.asp?ref=1468-5922&doi=10.1111/(ISSN)1468-5922)

Resources for Ego

Books:

Jung, Carl Gustav. *The relations between the ego and the unconscious*. 1928.

Jung, Carl Gustav, H. G. Baynes, and R. F. C. Hull. *Psychological types*. Vol. 4. London, UK: Routledge, 1991.

Campbell, Joseph. *The hero with a thousand faces*. Vol. 17. New World Library, 2008.

Edinger, Edward F. "*Ego and archetype: Individuation and the religious function of the psyche*." (1973).

Papadopoulos, Renos K., ed. Carl Gustav Jung. 2. *The structure and dynamics of the psyche*. Vol. 2. Taylor & Francis US, 1992.

Washburn, Michael. *The ego and the dynamic ground: A transpersonal theory of human development*. SUNY Press, 1988.

White, Judy Anne. *Hero-Ego in Search of Self: A Jungian Reading of Beowulf*. Vol. 26. Peter Lang, 2004.

Moore, R. L., & Gillette, D. (1990). *King, warrior, magician, lover: Rediscovering the archetypes of the mature masculine*. San Francisco: HarperSanFrancisco.

YouTube Videos:

<http://www.youtube.com/watch?v=WmnCx1C-gHw>

<http://www.youtube.com/watch?v=qShcX44aNfk>

<http://www.youtube.com/watch?v=hh6goZCG8p0>

Articles:

<http://www.herovictim.com/whatsego.htm>

<http://researchdirect.uws.edu.au/islandora/object/uws%3A3793/datastream/PDF/view>

<http://frithluton.com/articles/ego/>

<http://psychoanalyticmuse.blogspot.com/2013/01/edward-edinger-ego-self-axis.html>

Resources for Symbols:

Books:

Jung, C. G. (1921/1971), Psychological Types, vol. 6, *The Collected Works of C. G. Jung*, Edt. Read, Fordham and Adler, Trans. Hull, London: Routledge.

Neumann, E. (1954), *The Origins and History of Consciousness*, New York: Princeton University Press.

Kaufmann, Y. (2009), *The Way of the Image: the orientational approach to the psyche*, New York: Zahav Books.

Pearson, M., & Wilson, H. (2001). *Sandplay and symbol work: Emotional healing and personal development with children, adolescents and adults*. Melbourne: ACER

Youtube videos:

<https://www.youtube.com/watch?v=IViOY9wIDBQ> (Approaching the unconscious by Jung)

<https://www.youtube.com/watch?v=ZlZ5P3zketE> (Man and his Symbols) This is the first chapter, but there are 11 in total which you can access from the playlist reflected on the right of the page.

<https://www.youtube.com/watch?v=ytCoqUswjFY> (talk by Angeles Arrien on Symbols)

Articles:

A Study in Apperception <http://www.jstor.org/stable/1411485>

The apperception of the spoken sentence: A Study in the psychology of language <http://www.jstor.org/stable/1412429>

Resources for Dreams and Active Imagination

Books:

Jung, C. G. (1961). Symbols and the interpretation of dreams. *The collected works of CG Jung, 18*.

Neumann, E. (1954), *The Origins and History of Consciousness*, New York: Princeton University Press.

Kaufmann, Y. (2009), *The Way of the Image: the orientational approach to the psyche*, New York: Zahav Books.

Fromm, E. (2013). *The forgotten language: An introduction to the understanding of dreams, fairy tales, and myths*. Open Road Media.

Von Franz, Marie-Louise. *On dreams and death*. na, 1998.

Jung, C. G., *Dream analysis: notes of the seminar given in 1928-1930*. Routledge & Kegan Paul, 1984.

Jung, C. G., & Shamdasani, S. (2010). *Dreams: (From Volumes 4, 8, 12, and 16 of the Collected Works of CG Jung) (New in Paper) (Vol. 20)*. Princeton University Press.

Jung, C. G. (1945). On the nature of dreams. *Collected works, 8*, 363-379.

YouTube Videos:

<https://www.youtube.com/watch?v=IDeEgYOz4> (The importance of dreams part 1)

<https://www.youtube.com/watch?v=Zg0y7WXZfy0> (The importance of dreams part 2)

Articles:

<http://www.dreamresearch.ca/pdf/jung.pdf>

<http://www.carl-jung.net/dreams.html>