



## 2020 PROGRAMME

# PLAY LIST

## The Musical Psyche

(Joel Kroeker)

This class explores how we relate with music personally, clinically and collectively by gazing through the clarifying lens of depth psychology and the wider work of contemporary psychoanalytic perspectives. Within this experiential investigation we will explore together various musical approaches to finding meaning within our human experience including aspects of grief, loss, anxiety, transitions, pain, and the depressions of life. By distilling music into its basic archetypal elements, the author will illustrate how to rediscover our place in the confrontation with deep shadow and highlight the role of the enigmatic musical psyche for guiding us through our life journey.

## Rhythms, Episodes, Cadences and Fugues in the Psyche

(Thomas Moore)

Picking up the Boethius idea of Musica Humana, I explore the musical dynamic structure of human experience. The rhythms and tempos of emotions and moods and meaningful events. How to be a musician of your life or a musician of the soul, appreciating how musical forms exist in the psyche in ways parallel to their appearance in the music of sound. This musical approach allows for a kind of psychotherapy that allows the natural movements of the soul but also offers techniques for shaping those experiences and dealing with them in ways that are graceful and satisfying.

## Staging Transformation

(Paul Attinello)

Sung theater – operas, musicals, music videos – is more heightened than spoken theater: louder, more physical, more emotionally charged. Because of this it tends to amplify the archetypal, the elemental, the transformative. If our everyday experiences of ourselves, and of those around us, are blurred by trivial realities and incongruous details, the sung stage gives us essentialized versions – and when we watch them, we learn the larger possibilities of what we are (and are not) becoming. Joy, rage, passion, grief, anxiety, narcissism – all are seen whole, and can inspire us towards understanding and, perhaps, individuation.

## The Voice of the Anima in Popular Music

(John Beebe)

In the 1920s, when radio and the phonograph converged to create a private, personal stage for the human voice, a new, more intimate kind of singing emerged. Great pioneers like Ethel Waters and Ruth Etting inspired in the 1930s a new breed of jazz singer, including Billie Holiday and Lee Wiley, while, in the movies, Judy Garland synthesized their techniques, along with those of Kate Smith, to create a vulnerable sound that though psychologically robust, was unmistakably linked to the anima archetype. Join John Beebe in listening to and analyzing what he calls “anima singing.”

## Deep Blues: Human Soundscapes for the Archetypal Journey

(Mark Winborn)

The presentation will explore the archetypal journey of the human psyche through an examination of the blues as a musical genre. The genesis, history, and thematic patterns of the blues are examined from an archetypal perspective and various analytic theories – especially the interaction between Erich Neumann's concept of unitary reality and the blues experience. Mythological and shamanistic parallels are used to provide a deeper understanding of the role of the bluesman, the blues performance, and the innate healing potential of the music. Universal aspects of human experience and transcendence are revealed through the creative medium of the blues. Often it is by moving into and through sadness that we can be released into an experience of joy.

## Soul Music in the Italian Renaissance

(Thomas Moore)

This approach to music and the psyche is based in the imaginative work of Marsilio Ficino (1433-99), who was a musician, philosopher, translator and magus. He sorted music astrologically according to the classical Greek gods and goddesses, recommended diagnosing the particular needs of the soul, and playing and listening to music that would either temper the mood or deepen it. It is possible to adapt Ficino's methods today, becoming more conscious, artful and therapeutic in the way we use music for the soul.

## Archetypal Music Psychotherapy

(Joel Kroeker)

Music is everywhere in our lives, both waking and sleeping, inside and out, but much of our musical ecosystem remains unheard. Join us as the author offers a rare experiential glimpse into the enigmatic process of Jungian psychoanalysis through the lens of musical expression. Learn how you unconsciously make meaning from sound by metabolizing your soundscape through your auditory digestive system, explore the relativity of your acoustic perception within our collective sound-time continuum, and experience the value of taking a symbolic approach to your own musical ecology to help you hear what cannot yet be seen.

## Beyond Our Selves: Music and Transcendence

(Paul Attinello)

Though we often talk about musical meaning in terms of feeling and emotion, it can go far beyond that – it is possible to build large and subtle structures of meaning in sound. There are points where music seems to change the texture of time, the sense of what is possible – how we exist, and how we understand existence. We will begin with traditional aspects of musical transcendence – musical models of eternity and perfection – but will then go beyond them to musics that point towards the stranger aspects of awareness, dream, and imagination.

## FEATURED ARTISTS

**Joel Kroeker**, DAPsych, is a Swiss-trained Jungian psychoanalyst, clinical supervisor, authorized meditation instructor and a registered Music-Centred Psychotherapist with a private practice based in Victoria, BC. He is the founding international workshop facilitator of Archetypal Music Psychotherapy (AMP) and an international recording and touring artist on True North Records. He divides his time between his clinical practice and teaching Jungian-oriented courses at universities across Brazil, Europe and North America. His new book, “Jungian Music Psychotherapy: When Psyche Sings” is a finalist for the IAJS (International Association for Jungian Studies) book award.



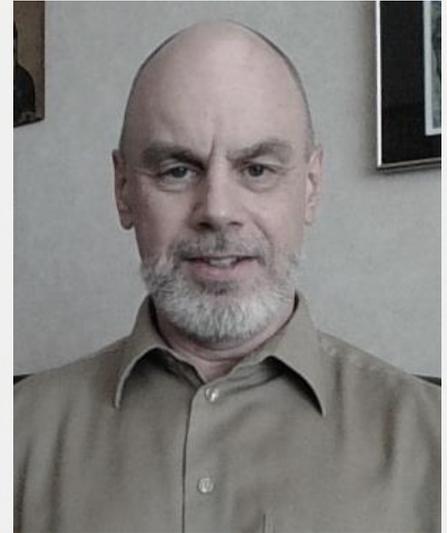
**Thomas Moore** studied music composition at DePaul University and the University of Michigan, and in his later work transforms psychotherapy into care of the soul. He has a Ph.D. in Religious Studies from Syracuse University. He has taught religion and psychology at several universities and has been a psychotherapist in his own definition of the word for forty years. He has written thirty books, including some fiction. In the spring of 2021 his new book *Secrets of Psychotherapy* will be published by HarperOne.

**Paul Attinello** is a Jungian psychoanalyst in private practice and a senior lecturer in music at Newcastle University, who has also taught at the University of Hong Kong and as a guest professor at UCLA. He received his PhD from UCLA and analytic diploma from the C. G. Jung-Institut in Zürich. He is published in numerous essay collections, journals, and reference works, writing on contemporary musics, the culture of AIDS, and philosophical and psychological topics. He is co-editor of collections on the Darmstadt avant-garde and on music in Buffy the Vampire Slayer.



**John Beebe** is a psychiatrist and past president of the C. G. Jung Institute of San Francisco. He is the creator of the Eight-Function-Attitude, Eight-Archetype Model of types. He has written *Integrity in Depth*; and most recently, *Energies and Patterns in Psychological Type: The Reservoir of Consciousness* as well as the preface to the Routledge Classics edition of Jung's *Psychological Types*. He is co-author of *The Presence of the Feminine in Film* and authored the chapter 'The voice of the anima in popular singing' in *Music and psyche: contemporary psychoanalytic explorations*.

**Dr. Mark Winborn** is a licensed clinical psychologist, Jungian psychoanalyst, and nationally certified psychoanalyst with over 30 years of clinical experience. He provides individual psychoanalytic psychotherapy and psychoanalysis for adults in Memphis, Tennessee. Dr. Winborn is a training/supervising analyst of the Inter-Regional Society of Jungian Analysts. He has served as the Training Coordinator of the Memphis Jungian Seminar, is on the faculty of the C.G. Jung Institute of Zurich and the Moscow Association for Analytical Psychology as well as visiting faculty at a number of institutes and seminars both in the USA and internationally. He is the author of *Interpretation in Jungian Analysis: Art and Technique*, *Shared Realities: Participation Mystique and Beyond (Fisher King)* and *Deep Blues: Human Soundscapes for the Archetypal Journey (Fisher King)*.



# REGISTRATION

Registration closes at midnight (PST) on  
Thursday 22 October 2020.



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